



## **PRESCHOOL NEWSLETTER**

January 10, 2025

Dear Preschool Families,

We hope all of you had a blessed and wonderful winter break with your families.

Thank you for your generous Christmas gifts. They were very much appreciated.

We started our week celebrating the Feast Day of the “Epiphany” (Dia de Los Reyes). We had a “Rosca de Reyes”, (a delicious ring-shaped loaf of bread with dried fruit on top and a representation of baby Jesus can be found in the bread, which symbolizes the biblical story of Gaspar, Melchior & Balthazar) and we shared how this special day is also celebrated in different countries. This represents the day the Three Wise Men (Los Tres Reyes Magos) gave gifts to baby Jesus. Each child was given a slice of Rosca. Abby Wyckoff, Enzo Fernandez, Andy Real, Quinn Byrne, Lincoln Grubba, Ms. Fitts and I found a baby Jesus figure in our slice.

This week the Sunflower teachers introduced the season of Winter and reviewed letters. On Monday, the children colored a picture of the Three Wise Men. The teachers read books about Winter and the children Q-tip painted a snowflake. As the Sunflowers continue to practice name recognition, each child made a snowman name craft.

The Buzzy Bee teachers introduced their lesson on letter “Oo”, number 12 and “Arctic Animals”. The children were able to explore with ice at the sensory table. The children made a letter and Arctic animal collage. This was a great way to practice their cutting skills. On Wednesday, during geography, the teachers introduced the country of France and the children colored the flag.

During the Christmas break the hallway carpet was removed and the playground sandboxes were resurfaced with more sand. The carpet will be replaced with new flooring. The flooring installation will continue after school hours. We can't wait to see the new floor. We apologize for any inconvenience.

**Buzzy Bee Parents:** The Gesell Assessments will start next week. The letter explaining the assessment was sent home today. There is a \$55.00 fee. The fee and permission slip are due back on Monday, January 13, 2025. Please let us know if your child will not be returning to Nazareth, however, if your child will be attending Kindergarten here at Nazareth, they must be assessed. I will administer the assessment in the morning during the school day. The only preparation your child needs is to get plenty of rest and eat a well-balanced breakfast. We have booklets that you may borrow from the Gesell Institute about Kindergarten Readiness.

### **Catholic Schools Week**

Catholic Schools Week will be the week of January 27 – January 31. The preschool special activities are:

**Monday, January 27- Spirit Day (wear Turkey Trot or Spirit shirt)**

**Tuesday, January 28- Pajama & Movie Day (No slippers)**

**Wednesday, January 29- Teddy Bear Picnic Day (bring a teddy bear)**

**Thursday, January 30- Special Craft Day**

**Friday, January 31- Grandparents Day**

**Grandparents are invited to come on Friday, January 31 and visit their grandchild's classroom and make a special craft.**

### **PARENT VOLUNTEER REQUIREMENTS**

Due to the health and safety of the children and staff, State Licensing requires that all volunteers submit required immunizations. Parents, anytime you sign-up to volunteer or be present in any of the preschool events, you MUST be sure that you have turned in a copy of your current TB test, Tdap, MMR, flu shot and Covid card. You must also complete the CMG Connect training that you may find on our school website. The fee for the training is \$25.00. Please fill out the Statement of Good Health form too. We want to thank all of the parents who have submitted the required immunizations.

### **NAZARETH SCHOOL PARENT HANDBOOK (Preschool – Grade Eight)**

Please see the attached link to our Nazareth School Family Handbook. To view and read the Family Handbook digitally please go on the school website and click on the following link:

[Nazareth School Family Handbook](#)

After reviewing the handbook, we ask you to please digitally sign the Parent/Guardian and student-acknowledgments via the link below:

[Family Handbook Acknowledgment Form](#)

## **SIGN-IN & OUT**

Parents, please sign in and out as you enter the building. Full signature **NO** initials! This is a State Licensing Regulation. Just a reminder: When you sign your child out, your child is no longer under our care and you **MUST** take your child with you.

## **SNACKS**

I want to thank the families who brought muffins, veggies and fruit. We greatly appreciate all your help. Muffins (Fernandez, MacManus, Bulti & Hobbs), veggies (Fitzpatrick & Velasquez) and fruit (Brisco & Grubba). Remember to keep track of your service hours and save your receipts to attach to your Service Hour sheet and return in your white envelope. Snacks **MUST** be store bought/prepackaged. If you sign -up for your child's class, please make sure that the snack is enough for both classes.

## **PRESCHOOL OPERATING HOURS**

The preschool operating hours are 7:00am to 6:00pm. The main entrance door will be open from 7:00am to 8:15am for drop off. We ask that you please arrive on time. If you arrive after 8:15am, please ring the doorbell and a preschool staff member will come to the door as soon as we are able to. In the afternoon for pick-up, the door will be open from 2:30 pm to 4:00 pm. Parents, please keep in mind that if you arrive late, it may take a few minutes to get to the door as teachers are taking their morning breaks. If you are picking up early, please pick up at 12:30 pm, as this is also a time when it may take a few minutes to come to the door, as teachers are taking their lunch breaks.

## **AFTERCARE**

We provide aftercare from 4:00 pm to 6:00 pm (\$4.50 per hour). Aftercare pick-up is on the Northeast side of the preschool building (Sunflower Playground or Preschool Aftercare room). We lock the main entrance door promptly at 4:00 pm and transition the children to aftercare.

## **DROP OFF & PICK-UP ROUTE**

We want to remind you that our drop off and pick up route is a **ONE WAY ONLY!** You **MUST** drive up Nazareth Drive off of San Diego Mission Road. You may park in the parking lot to your right or pull up front to the main entrance roundabout in front of the St. Joseph's building. **Please be sure to sign your child in and walk them to class.** After drop off or pick up, you **MUST** merge and continue through the school road and drive out onto Rancho Mission Road. You may **NOT** exit back down Nazareth Drive!

During pick up, if you do not have an upper grade school student, you may merge into the exit lane to your left and drive towards the parking lot and between the signs to exit. You do not have to wait in line.

If you have a preschooler and an upper grade school student, please drop off preschooler first and then upper grade student. If you exit through the door next to the Sunflower classroom, you may **NOT** come back in through that door. You **MUST** go around the building.

Our preschool main entrance and exit door is located on the SW side of the St. Joseph building.

**STAY HOME IF YOU HAVE THE FOLLOWING SYMPTOMS:**

Please contact Nazareth Preschool at 619-641-7954 or Nazareth School office at 619-641-7987. You may also email us at [preschooldir@nazarethschool.org](mailto:preschooldir@nazarethschool.org) or [office@nazarethschool.org](mailto:office@nazarethschool.org)

We must continue to follow the K-12 & Childcare Guide for Covid-19 (August 1, 2024)

It is very important that you call and report your child's absence. Please test your child and complete the Attestation Form that you are able to obtain from us. You MUST test your child twice before they are able to return. The first test is done when child has symptoms and the second test is 12-24 hours after first test. Your child may return when they are fever-free for 24 hours without medication AND other non-fever symptoms are mild and improving.

Parents, please keep your child home if she/he is sick and presenting any of the following Covid-19 symptoms:

- Fever with or without chills
- Cough
- Runny nose
- Nasal Congestion
- Sore Throat
- Headache
- Nausea, vomiting or diarrhea
- Fatigue
- New loss of taste or smell
- Muscle or body aches
- Poor feeding or poor appetite
- Known close contact with a person who is lab confirmed to have Covid-19

If your child presents any of the symptoms stated above during school time, we will have to send your child home. Please keep in mind that we continue to follow the school protocols to keep children and staff safe.

If your child has allergies, please be sure to bring in a doctor's note, otherwise we will send your child home.

Please remember to return your family envelope by Thursday each week. Place it in your child's file folder.

Have a blessed weekend!

**Important Dates to Remember:**

Jan. 17- Diocesan Professional Learning Day / No School

Jan. 20- MLK Jr. Holiday / No School

Jan. 27 – 31- Catholic Schools Week (Preschool activities listed above)

Jan. 31- Grandparents Day / Half Day / Close At Noon / No Aftercare

God Bless,

Georgina Barragan

Nazareth Preschool Director