



## PRESCHOOL NEWSLETTER

January 16, 2025

Dear Preschool Families,

This week the teachers read books about "Martin Luther King Jr.". The children shared how he wanted peace, freedom to change rules and people of all colors to be together.

We continue to practice the Core Value of Justice.

The Sunflower teachers did a lesson on Winter. The children water colored a hat and mitten cutout. They also did a winter clothes matching activity. During religion, the teachers read the bible story, "Jesus is Lost". On Thursday, each child traced and colored a rectangle.

The Buzzy Bee teachers introduced letter "Ee", number 13, Martin Luther King Jr. and Peace. The children were able to explore the peace feelings box at the sensory table. The children practiced tracing and writing the letter & number. On Wednesday, during geography, the children made the Eiffel Tower.

On Wednesday, we walked up the hill to Nazareth House to visit the seniors. The children sang and passed out the cards that they made.

**Gesell Assessment for Buzzy Bees:** Thank you for your quick response in turning in the slip and fee. The Gesell Assessments began this week. If you turned everything in, a notice with your child's assessment date and a Parent Questionnaire was placed in your child's file folder. The questionnaire is due ASAP! We have booklets that you may borrow from the Gesell Institute about Kindergarten Readiness.

Please let us know if your child will not be returning to Nazareth, however, if your child will be attending Kindergarten here at Nazareth, they MUST be assessed. I will administer the

assessment in the morning during the school day. The only preparation your child needs is to get plenty of rest and eat a well-balanced breakfast. You will receive a letter regarding your child's assessment the day of your Parent-Teacher conference.

### **Catholic Schools Week**

Catholic Schools Week will be the week of January 27 – January 31. We will follow the same schedule as the upper grades. The preschool special activities are:

**Monday, January 27- Spirit Day (wear Turkey Trot or Spirit shirt)**

**Tuesday, January 28- Pajama & Movie Day (No slippers)**

**Wednesday, January 29- Teddy Bear Picnic Day (bring a teddy bear)**

**Thursday, January 30- Special Craft Day**

**Friday, January 31- Grandparents Day**

**Grandparents are invited to come on Friday, January 31 and visit their grandchild's classroom and make a special craft.**

### **PARENT VOLUNTEER REQUIREMENTS**

Due to the health and safety of the children and staff, State Licensing requires that all volunteers submit required immunizations. Parents, anytime you sign-up to volunteer or be present in any of the preschool events, you **MUST** be sure that you have turned in a copy of your current TB test, Tdap, MMR, flu shot and Covid card. You must also complete the CMG Connect training that you may find on our school website. The fee for the training is \$25.00. Please fill out the Statement of Good Health form too. We want to thank all of the parents who have submitted the required immunizations.

### **NAZARETH SCHOOL PARENT HANDBOOK (Preschool – Grade Eight)**

Please see the attached link to our Nazareth School Family Handbook. To view and read the Family Handbook digitally please go on the school website and click on the following link:

[Nazareth School Family Handbook](#)

After reviewing the handbook, we ask you to please digitally sign the Parent/Guardian and student-acknowledgments via the link below:

[Family Handbook Acknowledgment Form](#)

### **SIGN-IN & OUT**

Parents, please sign in and out as you enter the building. Full signature **NO** initials! This is a State Licensing Regulation. Just a reminder: When you sign your child out, your child is no longer under our care and you **MUST** take your child with you.

### **SNACKS**

I want to thank the families who brought muffins, veggies and fruit. We greatly appreciate all your help. Muffins (Schulte, Brisco, Hobbs & Huruy) and veggies (Schulte & Ramos). Remember

to keep track of your service hours and save your receipts to attach to your Service Hour sheet and return in your white envelope. Snacks **MUST** be store bought/prepackaged. If you sign -up for your child's class, please make sure that the snack is enough for both classes.

### **PRESCHOOL OPERATING HOURS**

The preschool operating hours are 7:00am to 6:00pm. The main entrance door will be open from 7:00am to 8:15am for drop off. We ask that you please arrive on time. If you arrive after 8:15am, please ring the doorbell and a preschool staff member will come to the door as soon as we are able to. In the afternoon for pick-up, the door will be open from 2:30 pm to 4:00 pm. Parents, please keep in mind that if you arrive late, it may take a few minutes to get to the door as teachers are taking their morning breaks. If you are picking up early, please pick up at 12:30 pm, as this is also a time when it may take a few minutes to come to the door, as teachers are taking their lunch breaks.

### **AFTERCARE**

We provide aftercare from 4:00 pm to 6:00 pm (\$4.50 per hour). Aftercare pick-up is on the Northeast side of the preschool building (Sunflower Playground or Preschool Aftercare room). We lock the main entrance door promptly at 4:00 pm and transition the children to aftercare.

### **DROP OFF & PICK-UP ROUTE**

We want to remind you that our drop off and pick up route is a **ONE WAY ONLY!** You **MUST** drive up Nazareth Drive off of San Diego Mission Road. You may park in the parking lot to your right or pull up front to the main entrance roundabout in front of the St. Joseph's building. **Please be sure to sign your child in and walk them to class.** After drop off or pick up, you **MUST** merge and continue through the school road and drive out onto Rancho Mission Road. You may **NOT** exit back down Nazareth Drive!

During pick up, if you do not have an upper grade school student, you may merge into the exit lane to your left and drive towards the parking lot and between the signs to exit. You do not have to wait in line.

If you have a preschooler and an upper grade school student, please drop off preschooler first and then upper grade student. If you exit through the door next to the Sunflower classroom, you may **NOT** come back in through that door. You **MUST** go around the building.

Our preschool main entrance and exit door is located on the SW side of the St. Joseph building.

### **STAY HOME IF YOU HAVE THE FOLLOWING SYMPTOMS:**

Please contact Nazareth Preschool at 619-641-7954 or Nazareth School office at 619-641-7987. You may also email us at [preschooldir@nazarethschool.org](mailto:preschooldir@nazarethschool.org) or [office@nazarethschool.org](mailto:office@nazarethschool.org)

We must continue to follow the K-12 & Childcare Guide for Covid-19 (August 1, 2024)

It is very important that you call and report your child's absence. Please test your child and complete the Attestation Form that you are able to obtain from us. You **MUST** test your child twice before they are able to return. The first test is done when child has symptoms and the

second test is 12-24 hours after first test. Your child may return when they are fever-free for 24 hours without medication AND other non-fever symptoms are mild and improving.

Parents, please keep your child home if she/he is sick and presenting any of the following Covid-19 symptoms:

- Fever with or without chills
- Cough
- Runny nose
- Nasal Congestion
- Sore Throat
- Headache
- Nausea, vomiting or diarrhea
- Fatigue
- New loss of taste or smell
- Muscle or body aches
- Poor feeding or poor appetite
- Known close contact with a person who is lab confirmed to have Covid-19

If your child presents any of the symptoms stated above during school time, we will have to send your child home. Please keep in mind that we continue to follow the school protocols to keep children and staff safe.

If your child has allergies, please be sure to bring in a doctor's note, otherwise we will send your child home.

Please remember to return your family envelope by Thursday each week. Place it in your child's file folder.

“Let the peace of Christ rule in your hearts” Colossians 3:15

Have a blessed four-day weekend!

### **Important Dates to Remember:**

Jan. 20- MLK Jr. Holiday / No School

Jan. 27 – 31- Catholic Schools Week (Preschool activities listed above)

Jan. 31- Grandparents Day / Half Day / Close At Noon / No Aftercare

God Bless,

Georgina Barragan  
Nazareth Preschool Director