



September 27, 2024

Dear Nazareth Preschool and School Parents,

Nazareth School and the Diocese of San Diego are committed to providing a safe environment for all who worship, work, or participate in education and formation opportunities in our parishes and schools. The problem of child sexual abuse is a serious one; a child suffers sexual abuse somewhere in our country every thirteen seconds.

As the primary educators of your child, you are entrusted with the responsibility of providing appropriate information regarding how to keep your child safe from sexual abuse. Empowered parents can develop and maintain an environment of trust in the home that allows children to discuss any topic, any fear, and any experience they are having. Potential abusers will avoid children who have such an open and honest relationship with their parents because abusers depend upon secrecy to avoid suspicion.

In compliance with the Charter for the Protection of Children and Young People, the topic of safe environments will be introduced to your child on Tuesday, October 1, 2024 in the following manner:

Your child's teacher/catechist will emphasize in class:

- That we are all created in God's image.
- Our bodies are special and sacred.
- Because our bodies are sacred
- No one has the right to touch our bodies in a way that hurts us, makes us feel weird, uncomfortable, scared or worried.
- No one has a right to touch the private parts of our bodies – the parts covered by a bathing suit – unless it is for health or safety reasons. Your body belongs to you.
- No one has a right to ask us to keep a secret about our bodies from our parents or teachers
- If someone has touched us in a way that makes us feel weird, uncomfortable, scared or worried, we should use the NO-GO-TELL Rule (included on the following page).
- It is important to keep telling adults until someone you know listens and believes you and will take care of the situation.
- God helps by giving us the courage to say "NO," by giving us strength to tell someone, and by giving us information to protect ourselves.

Your child will be told that you will continue this discussion with him/her at home. Along with this letter are materials intended to help you with that conversation.

God Bless,

Mrs. Gina Barragan
Director of Preschool
Nazareth School

Mrs. René Coons
Principal
Nazareth School

Holy Family of Nazareth
Watch over us and protect us.

Our Mission: Nazareth School, "A school with a Mission," develops faith-filled learners who are guided by the Core Values of the Sisters of Nazareth, providing academic excellence rooted in Catholic tradition.

Respect Hospitality Love Justice Compassion Patience

I am created in the image of God. God loves me, I am unique and special.

*God Loves me and Created me. I am Unique and Special.
There is no one in the world exactly like me.*

*Because God loves me and made me, God never wants anyone to hurt me.
No one has the right to hurt me and I do not have the right to hurt anyone else.*

*If anyone touches the private parts of my body in a way that makes me feel weird,
or uncomfortable or worried or scared.*

If anyone threatens me or tells me they will hurt me or a member of my family.

If classmates or anyone else asks me to do something that I know is wrong.

If internet contacts ask me for unusual information or to meet them somewhere.

I will use the

NO — GO — Tell Rule.

NO

I will say words that mean no:

*Stop it
Cut it out
Leave me alone
Quit it
Don't do that to me*

I will YELL if I am really scraed

GO

I will get away from the person as soon as it is safe:

*I will go to a room with other people
I will go home
I will go to another adult
I will try and call my parents*

TELL

I will tell what happened to a trusted adult:

*My mom or dad
My Grandparent
My teacher*

I am created in the image of God. God loves me, I am unique and special.

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I am created in the image of God. God loves me, I am special.

God loves me and created me.

I am special.

There is no one in the world exactly like me.

*Because God loves me and made me, God never wants anyone to hurt me.
No one has the right to hurt me and I do not have the right to hurt anyone else.*

*If anyone touches my body in a way that makes me feel
weird, or uncomfortable or worried or scared*

If anyone tells me they will hurt me or a member of my family

If anyone asks me to keep secrets from my parents or teachers

I will use the

No Go Tell Rule.

NO

I will say words that mean no:

Stop it

Cut it out

Quit it

Don't do that to me

I will YELL if I am really scared

GO

I will get away from the person as soon as it is safe:

I will go to a room with other people

I will go home

I will go to another adult

I will try and call my parents

TELL

I will tell what happened to an adult
that I trust:

My mom or dad

My grandparent

My teacher

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I am created in the image of God. God loves me, I am unique and special.

*God loves me and created me.
I am unique and special.
There is no one in the world exactly like me.*

*Because God loves me and made me, God never wants anyone to hurt me.
No one has the right to hurt me and I do not have the right to hurt anyone else.*

*If anyone touches the private parts of my body (those covered by my swimsuit)
in a way that makes me feel weird, or uncomfortable or worried or scared*

If anyone threatens me or tells me they will hurt me or a member of my family

If anyone asks me to keep secrets about my body from my parents or teachers

I will use the

No—Go—Tell Rule.

I will say words that mean no:

NO

- Stop it*
- Cut it out*
- Leave me alone*
- Quit it*
- Don't do that to me*

I will YELL if I am really scared

I will get away from the person as soon as it is safe:

GO

- I will go to a room with other people*
- I will go home*
- I will go to another adult*
- I will try and call my parents*

TELL

I will tell what happened to a trusted adult

- My mom or dad*
- My grandparent*
- My teacher*

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