



## PRESCHOOL NEWSLETTER

October 25, 2024

Dear Preschool Families,

We would like to share a few preschool weekly highlights.

Mrs. Mahler and Mrs. McDowell read the bible story Noah's Ark. The children got to participate in telling the story with flannel board characters. On Tuesday, the children made a triangle kitty using triangles for the ears, nose and body. They sponge painted a pumpkin. On Thursday, each child made a Candy Corn, by tearing orange, yellow and white construction paper onto a paper candy corn shape.

Ms. Fitts and Ms. Littlefield's weekly themes were, Halloween, review letters and number 4. The children practiced tracing & writing the letters reviewed and number. On Wednesday, the Buzzy Bees flew out to Germany on Imaginary Airlines. The children had a soft pretzel on their trip. The children also made a big jack-o-lantern. Today, the teachers concluded their Parent-Teacher conferences. We want to thank all the parents that were able to attend.

On Wednesday, we had a practice fire drill. Each class did a great job evacuating the building safely.

Parents, just a reminder, that if your child is not feeling well, please keep them home. You **MUST** test your child twice before they are able to return to school. If you need an Attestation Form, please let us know. Please read our Sick/Covid Symptoms section down below.

### **LUNCH REMINDER**

The children have a 30-minute lunch time from 12:00 pm – 12:30 pm. We encourage children to eat their lunch starting with their main dish. Each child **MUST** have a complete lunch (main dish,

fruits, vegetables, water, milk, 100% juice). If your child's main dish needs to be warmed up, we put it in the microwave for 30 seconds.

### **DIA DE LOS MUERTOS ALTAR – ALL SOULS DAY / ALL SAINTS DAY**

Next week on Monday, we will display our decorated Dia De Los Muertos Altar in the hallway. You are welcome to bring a picture of a loved one who has passed to place on our altar. This is a traditional Mexican holiday celebrated on November 2. We will celebrate All Saints Day on Friday, November 1.

### **PARENT VOLUNTEER REQUIREMENTS**

Due to the health and safety of the children and staff, State Licensing requires that all volunteers submit required immunizations. Parents, anytime you sign-up to volunteer in any of the preschool events, you MUST turn in a copy of your current TB test, Tdap, MMR, flu shot and Covid card. You must also complete the CMG Connect training that you may find on our school website. The fee for the training is \$25.00. Please fill out the Statement of Good Health form too. You will find the form in today's family envelope.

### **SOCKTOBER**

The preschool along with the upper grade school is participating in collecting new white ADULT socks for the homeless during the month of October. Last day to donate is Thursday, October 31.

### **HALLOWEEN CARNIVAL**

We want to thank all the parents for donating and helping with the preschool booths for tonight! We look forward to seeing all of you tonight at the carnival.

### **DIOCESAN HALLOWEEN CANDY AND DENTAL SUPPLY COLLECTION**

The preschool and upper grade school will participate in collecting candy and dental supplies (toothbrushes & toothpaste) to donate to Casa de los Pobres in Tijuana. The annual candy collection is coordinated by Oma Nwaogwugwu, President of the Notre Dame Alumni Club of San Diego, and Caroline Kelner, volunteer board member of the Casa de los Pobres USA. The candy and dental donations will be distributed by the Franciscan Sisters as part of the annual Christmas Distribution. A box will be placed at the preschool main entrance for you to place your candy or dental supplies (toothbrushes & toothpaste). The last day for donations will be Friday, November 8.

### **Nazareth School Family Handbook (Preschool – Grade Eight)**

Parents, please be sure to take a moment and read our Parent Handbook.

Please see the attached link to our new Nazareth School Family Handbook. To view and read the Family Handbook digitally please go on the school website and click on the following link:

[Nazareth School Family Handbook](#)

After reviewing the handbook, we ask you to please digitally sign the Parent/Guardian and student-

acknowledgments via the link below:

[Family Handbook Acknowledgment Form](#)

### **SIGN-IN & OUT**

Parents, some of you are forgetting to sign-in and out. Please remember to sign your child in and put the time you arrive as you come to drop off & pick up your child every day! Full signature **NO** initials! This is a State Licensing Regulation.

### **SNACKS**

I want to thank the families who brought muffins, veggies and fresh fruit. We greatly appreciate all your help. Muffins (MacManus, Real, Najor & Real), veggies (Byrne) and fruit (Fitzpatrick). Remember to keep track of your service hours and save your receipts to attach to your Service Hour sheet and return in your white envelope. Snacks **MUST** be store bought/prepackaged.

### **HALLOWEEN COSTUMES**

Preschool children may wear their Halloween costume on Thursday, October 31. No inflatable costumes, slippers or weapons! Costumes must be comfortable for the children to wear during the school day and be able to use the toilet easily. They must wear tennis shoes.

### **PRESCHOOL OPERATING HOURS**

The preschool operating hours are 7:00am to 6:00pm. The main entrance door will be open from 7:00am to 8:15am for drop off. We ask that you please arrive on time. If you arrive after 8:15am, please ring the doorbell and a preschool staff member will come to the door as soon as we are able to. In the afternoon for pick-up, the door will be open from 2:30 pm to 4:00 pm. Parents, please keep in mind that if you arrive late, it may take a few minutes to get to the door as teachers are taking their morning breaks. If you are picking up early, please pick up at 12:30 pm, as this is also a time when it may take a few minutes to come to the door, as teachers are taking their lunch breaks.

### **AFTERCARE**

We provide aftercare from 4:00 pm to 6:00 pm (\$4.50 per hour). Aftercare pick-up is on the Northeast side of the preschool building (Sunflower Playground or Preschool Aftercare room). We lock the main entrance door promptly at 4:00 pm and transition the children to aftercare.

### **DROP OFF & PICK-UP ROUTE**

We want to remind you that our drop off and pick up route is a **ONE WAY ONLY!** You **MUST** drive up Nazareth Drive off of San Diego Mission Road. You may park in the parking lot to your right or pull up front to the main entrance roundabout in front of the St. Joseph's building.

**Please be sure to sign your child in and walk them to class.**

After drop off or pick up, you **MUST** merge and continue through the school road and drive out onto Rancho Mission Road. You may **NOT** exit back down Nazareth Drive!

During pick up, if you do not have an upper grade school student, you may merge into the exit lane to your left and drive towards the parking lot and between the signs to exit. You do not have to wait in line.

If you have a preschooler and an upper grade school student, please drop off preschooler first and then upper grade student. If you exit through the door next to the Sunflower classroom, you may **NOT** come back in through that door. You **MUST** go around the building.

Our preschool main entrance and exit door is located on the SW side of the St. Joseph building.

### **TEACHER CLOSING DAYS**

Please know that your child's teacher will be arriving late on the following day (at 9am):

Monday- Mrs. Mahler

Tuesday- Mrs. McDowell

Wednesday- Ms. Littlefield

Thursday- Ms. Fitts

Friday- Mrs. Barragan

Between 7:00 am – 7:30 am, drop off for all children is in the Sunflower class. Between 7:30 am – 8:00 am, the Buzzy Bee drop off will be in Ms. Fitts's class. If there are any changes, we will place a note on the sign - in clipboard so that you know where to drop off.

### **STAY HOME IF YOU HAVE THE FOLLOWING SYMPTOMS:**

Please contact Nazareth Preschool at 619-641-7954 or Nazareth School office at 619-641-7987. You may also email us at [preschooldir@nazarethschool.org](mailto:preschooldir@nazarethschool.org) or [office@nazarethschool.org](mailto:office@nazarethschool.org)

We must continue to follow the K-12 & Childcare Guide for Covid-19 (August 1, 2024)

It is very important that you call and report your child's absence. Please test your child and complete the Attestation Form that you are able to obtain from us. You MUST test your child twice before they are able to return. The first test is done when child has symptoms and the second test is 12-24 hours after first test. Your child may return when they are fever-free for 24 hours without medication AND other non-fever symptoms are mild and improving.

Parents, please keep your child home if she/he is sick and presenting any of the following Covid-19 symptoms:

- Fever with or without chills
- Cough
- Runny nose
- Nasal Congestion
- Sore Throat
- Headache

- Nausea, vomiting or diarrhea
- Fatigue
- New loss of taste or smell
- Muscle or body aches
- Poor feeding or poor appetite
- Known close contact with a person who is lab confirmed to have Covid-19

If your child presents any of the symptoms stated above during school time, we will have to send your child home. Please keep in mind that we continue to follow the school protocols to keep children and staff safe.

**If your child has allergies, please be sure to bring in a doctor's note, otherwise we will send your child home.**

Please remember to return your family envelope by Thursday each week. Place it in your child's file folder.

### **Important Dates to Remember:**

Oct. 31- Halloween

Nov. 1- All Saints Day / Half Day / Preschool Close at noon

Nov. 2- All Souls Day / Dia De Los Muertos

Nov. 11- Veteran's Day Holiday

Nov. 13- Preschool Senior Visit

Have a fabulous weekend!

God Bless,

Georgina Barragan  
Nazareth Preschool Director