



## PRESCHOOL NEWSLETTER

September 1, 2023

Dear Preschool Families,

This week we kept the children inside due to the heat. We made sure that the children stayed hydrated and kept them cool in their classroom with the A/C units on.

The Sunflower teachers started their week reading the bible story "The Beginning". They continued practicing the sign of the cross with the children. Ms. Littlefield made "Cloud Dough" and the children were able to smell, touch and play with it. Mrs. Mahler set up a sensory bin with corn kernels. The children were able to touch and pour into cups. On Wednesday, each child made a sunflower by tearing yellow, green and brown construction paper. It was a great way to practice their fine motor skills.

Mrs. Mendoza and Mrs. Fitts read the book "The Kissing Hand" and the children made a craft. They continued to practice the sign of the cross, prayers and class rules. The children are also tracing their names as they come into the class. On Wednesday, the children went on a school supply treasure hunt in the classroom. The children enjoyed this activity. They ended the week name tracing with a Q-tip.

On Tuesday, the Sunflower class went to the upper grade school library with Mrs. Martinez. The Buzzy Bees went to the library on Wednesday.

The Sunflowers and Buzzy Bees are enjoying P.E. with coach Brown on Friday's!

Mrs. Mendoza's class needs a few parent volunteers for the Halloween Carnival. The sign-up sheet is on the sign in table.

Please be sure to sign your child in and out every day! Full signature **NO** initials! This is a State Licensing Regulation.

Children **MUST** bring a reusable water bottle. If your child needs a refill, we have bottled water and a water dispenser with cold filtered & purified water. Please include an ice pack in your child's lunch box.

September Hot Lunch orders were due on Tuesday, August 29. Hot lunch will start next week.

I want to thank the families who brought the muffins, veggies and fresh fruit last week and this week. Muffins (Real, Duckworth, Neimeyer, Byrne, Tovar, Santiago, Beyk & Soares), Veggies (Real, Santiago & Beyk) and Fresh fruit (Mahler, Soares, Grubba, Appel & Kirk). We greatly appreciate all your help. Remember to keep track of your service hours and save your receipts. Snacks **MUST** be store bought/prepackaged.

### **PARENT VOLUNTEER IMMUNIZATION REQUIREMENTS**

State licensing requires that all volunteers have the following immunization requirements on file: a copy of a current TB test, MMR, Tdap, Flu shot and Covid vaccination card. If you do not have a Covid vaccination card, you must test before you come to volunteer. If you are not cleared before the scheduled events, you will **NOT** be able to volunteer.

### **NAZARETH HOUSE SENIOR VISITS**

Our first visit to Nazareth House will be on Monday, September 11. If you have not turned in your child's permission slip, please turn it in ASAP! The entire preschool will visit on the second Monday of each month. We will leave at 10:00am and return by 11:00am. We will walk up the pathway between Nazareth School and Nazareth House. The children will be parading around Nazareth House singing songs and special prayers to the seniors. Please send your children in tennis shoes/walking shoes.

### **PRESCHOOL OPERATING HOURS**

The preschool operating hours are 7:00am to 4:00pm. The main entrance door will be open from 7:00am to 8:15am for drop off. If you arrive after 8:15am, please ring the doorbell and a preschool staff member will come to the door. In the afternoon for pick-up, the door will be open from 2:30pm to 4:00pm. Please use the middle door to enter and exit the building, **DO NOT** exit through the side doors.

### **AFTERCARE**

We provide aftercare from 4:00pm to 6:00pm (\$4.50 per hour). Aftercare pick-up is on the NE side of the preschool building (Sunflower Playground or Preschool Aftercare room).

### **DROP OFF & PICK-UP ROUTE**

Thank you for your patience and understanding with our drop off and pick up route. We want to remind you that our drop off and pick up route is a **ONE WAY ONLY!** You **MUST** drive up Nazareth Drive off of San Diego Mission Rd.. You may park in the parking lot to your right or pull up front to the main entrance roundabout in front of the St. Joseph's building. **Please be sure to sign your child in and walk them to class.**

After drop off or pick up, you **MUST** merge and continue through the school road and drive out onto Rancho Mission Rd. You may **NOT** exit back down Nazareth Drive!

During pick-up, if you do not have an upper grade school student, you may merge into the exit lane to your left and drive towards the parking lot and between the cones to exit. You do not have to wait in the line.

If you have a preschooler and an upper grade school student, please drop off preschooler first and then upper grade student. If you exit through the door next to the Sunflower classroom, you may **NOT** come back in through that door. You **MUST** go around the building.

Our preschool main entrance and exit door is located on the SW side of the St. Joseph building.

### **TEACHER CLOSING DAYS**

Please note that your child's teacher will arrive at 9:00 am on the following days:

Monday- Mrs. Mahler

Tuesday- Ms. Littlefield

Wednesday- Mrs. Mendoza

Thursday- Ms. Fitts

Friday- Mrs. Barragan

We will combine the classes at drop off and pick-up. We will place a note on the sign-in clipboard.

We want to thank you for your patience and understanding as we work together to make this a smooth transition for your children.

### **STAY HOME IF YOU HAVE THE FOLLOWING SYMPTOMS:**

Please contact Nazareth Preschool at 619-641-7954 or Nazareth School office at 619-641-7987.

You may also email us at [preschooldir@nazarethschool.org](mailto:preschooldir@nazarethschool.org) or [office@nazarethschool.org](mailto:office@nazarethschool.org)

We must continue to follow the Childcare Guide for Covid-19 (August 28, 2023).

It is very important that you call and report your child's absence. If you are using a home test kit, you must complete the Attestation Form that you are able to obtain from our school website or we can provide you with a copy. You MUST test your child twice before they are able to return.

Parents, please keep your child home if she/he is sick and presenting any of the following Covid-19 symptoms:

- Fever with or without chills
- Cough
- Runny nose
- Nasal Congestion

- Sore Throat
- Headache
- Nausea, vomiting or diarrhea
- Fatigue
- New loss of taste or smell
- Muscle or body aches
- Poor feeding or poor appetite
- Known close contact with a person who is lab confirmed to have Covid-19

If your child presents any of the symptoms stated above during school time, we will have to send your child home. Please keep in mind that we continue to follow the school protocols to keep children and staff safe.

If your child has allergies, please be sure to bring in a doctor's note, otherwise we will send your child home. Your child MUST be tested if their allergy follows with a fever or any other listed symptom other than allergy stated on doctor's note. You will need to bring the completed Attestation Form.

Please remember to check your child's file folder and return your family envelope by Thursday each week.

If you have any questions or concerns, please contact us at 619-641-7954 or email: [preschooldir@nazarethschool.org](mailto:preschooldir@nazarethschool.org)

### **Important Dates to Remember:**

Sept. 1- Half Day / Preschool Close at Noon

Sept. 4- Labor Day Holiday / NO SCHOOL

Sept. 11- Preschool visits Nazareth House

Sept. 27- Picture Day

Have a fabulous three-day weekend!

God Bless,

Georgina Barragan  
Nazareth Preschool Director